

YOU COULD
WIN THIS!

\$25,000
to Make Over
Any Room

P 135

GOOD HOUSEKEEPING



**the
MAKEOVER
ISSUE**

**CHANGE
YOUR LIFE
IN 31 DAYS**

**More Energy,
Better Sleep &
Less Stress!**

1 CHAIR | 2 LOOKS

96

WAYS TO

**EAT
HEALTHIER
TONIGHT**

**LOOK
YOUNGER
NOW**

**BRIGHTEN
EVERY
ROOM**



\$3.49 JANUARY 2017



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GOOD HOUSEKEEPING (USA)

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**GET SLIM,
NO GYM**

January **GOOD** 2017 **HOUSEKEEPING**

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WEEKNIGHT EASY

Peanutty Edamame
& Noodle Salad

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**CHANGE YOUR LIFE
IN 31 DAYS**

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GET SLIM, NO GYM!

LAUREN GRAHAM COVER photographed by Brian Bowen Smith; hair by David Babali; makeup by Jamie Greenberg using Sephora Collection Pro Brush Collection at The Wall Group; manicure by Kait Mosh at Cloutier Remix; prop styling by Still Sets, Inc. Dress, Kate Spade. Heels, SJP by Sarah Jessica Parker. Earrings, Effy Jewelry. Bracelet, Shashi. Ring, Herm Bendel. Ring (on right hand), Effy Jewelry.

BOOK MAKEOVER COVER photographed by Danielle Occhiogrosso; prop styling by Cate Geiger; chair makeover by Alyssa Longobucco.

January 2017
**GOOD
HOUSEKEEPING**

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